



Bulkley Valley Child Development Centre



Inspiring strength in families and exploring the potential in children and youth.

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THANK YOU
Your support makes a big difference in the lives of the children we serve!

- *Wetzin-Kwa Community Foundation
- *Provincial Employees Community Service Fund
- *Ronald McDonald House
- *Glacier Toyota
- *All West Glass
- *Smithers Secondary High School Leadership Group

Quote:

"Just as a house needs a foundation in order to stand firm, so does a person."
Jacquie McTaggart

Christmas Closure
BV Child Development Centre will be closed December 25th to January 2nd, 2011 we will be open January 3rd.

3843 4th Ave. "A" NORTHWEST SUPPORTED CHILD DEVELOPMENT PROGRAM

NWSCDP shares space with the BVDC and is operated by Thomas Robinson Consulting Ltd. SCDP/Aboriginal Supported Child Development is a program for children ages 0-12, with a developmental delay and their families. We provide extra support in a wide range of child care settings such as Head Start, preschool, and daycare. Extra support is provided for a child who needs help in areas of communication, fine motor, gross motor, cognitive or social/emotional/behaviour development. Supports include consultation, training and when needed, extra staffing support for the child to be included in a care setting with their peers. The Program follows an outreach model, where consultants go to the child care settings to facilitate inclusion of the child in a program and support the family in the child's home as requested by parents.



"Every child Belongs."

3843 4th Ave. "B" CHILD CARE RESOURCE & REFERRAL

Our program offers parent referrals to the child care providers, child care subsidy application forms and support. We provide training and workshops (such as Child Care First Aid and Make & Takes) to child care providers as well as the community. We have an extensive resource/toy lending library available with a yearly membership for child care providers, parents and those working with children throughout the Bulkley Valley and our outreach area. We produce a newsletter (Small Talk) every two months and offer laminating and photocopying and art supplies at a discounted rate. More information is available on our website at www.childcarechoices.ca



Community Spirit Coupon Book

The 3rd Edition of the 2010/2011 Coupon Books are out in the communities and selling fast. These popular money savers are now a staple for family and friends from Houston to Hazelton. Do you know why—because you save money when you shop. The proceeds from the sale of the Community Spirit Coupon Books have helped support the BV Child Development Centre, BV Brain Injury and BV Hospice Society over the past two years and continues.



The next community event to purchase the coupon books at will be Friday December 3rd from 6:00pm to 9:00pm & December 4th from 9:00am to 3:00pm at the Smithers Secondary Craft Fair, they make great, affordable stocking stuffers for Christmas.

Coupon Books are available at the following locations:

Child Care Resource & Referral (4th Ave.), BV Credit Union, BC Web, Big Smiles, Valhalla Pure, Robin's Nest, Total Floors, Jade Country Jade (Smithers Mall), Twin Valley Restaurant, Pharmasave (Main St.) & Mercedes Beans (Old Town, Hazelton).

What's in a Word?

Showing Respect Through Language

The perceived value or worth of an individual can be affected by the language used around them. Children pick up on what adults say, and will use the same words. For many years, people with disabilities have been identified by their disability first, and as people second. They have often been described as helpless victims to be pitied and cared for, or feared and ignored. Words that are negative, depersonalizing, stereotypical and sometimes offensive have often been used.

It is important to use language, both written and verbal, that enhances dignity and promotes respect for all individuals. Here are some suggestions for talking with and about people with disabilities, including children.

Put people first, and disability second.

Instead of disabled person or child, use *person with a disability* or *child with an impairment*.

Don't use a depersonalized disability or medical diagnosis as a label for a person.

Don't call people the developmentally disabled, the retarded, the learning disabled or epileptics. Instead use *people who have developmental disabilities*, *child with a learning disability*, *someone with mobility impairment* or *someone with epilepsy*.

Use emotionally neutral expressions.

Instead of saying someone is suffering from or afflicted with cerebral palsy, or is a stroke victim; say he or she is a *person with cerebral palsy* or *someone who has had a stroke*.

Emphasize positive abilities, not limitations.

Don't say that someone is confined to a wheelchair. Say that *he or she uses a wheelchair*. Don't use terms such as able-bodied or normal in contrast, as they imply that the person with a disability is abnormal.

Use words that empower and value people as contributing community members.

Don't refer to people as family burdens or problems who need placements, case management, and professionals to make decisions for them. Talk about *individuals and families who have strengths, support needs, preferences, cultural beliefs and personal goals, and who face challenges*.

Source: Supported Child Development Program Guidebook

Submitted by: NW Supported Child Development Program

Parent to Parent Support



The definition of respite for the caregivers who attend the Parent to Parent Support Group is not one you would typically think of. This dynamic group of individual sees respite, as being able to access activities for their children they would not other wise be able to

access. The outcome is knowing their children are happy and making social connections now that is true relaxation and emotional well being for our parents! Since its inception, the Parent to Parent Support Group has created several events for children and parents: a barbeque/meet and greet at Tyhee Lake, skate board lessons generously donated by Rayz Board Shop and now they have built a partnership with the Saltos Gymnastics Club for gymnastics classes. Along with finding activities for their children the group wants to broaden the definition of inclusion in our community so that all children, even those with behavioural, learning or social challenges can feel successful and connected. This is a group that celebrates parenthood and the diversity of children and families.

We would like to encourage any caregiver who has a child with challenges who may be feeling isolated in some way to come out to our group. We often try to have guest speakers on specific topics of interest to the group and we are always happy to have a new caregiver attend.

The Parent To Parent Support Group continues to run bi-weekly at the Early Development Centre 3843 'A' on 4th Ave in Smithers from 12:00-1:00. We are a drop in group and always have goodies and coffee available. You can bring your children if needed, however there is no onsite child care.

The next upcoming dates include:

November 24th, December 8th, December 22nd, January 5th, January 19th, February 2nd and February 16th.

For more information, please contact:

Leah Macknak (Keyworker CDBC) 250-847-4122 or
Clara Donnelly (Smithers Community Services) 250-847-9515



University of Victoria
Practicum Student

My name is Jodi Eskelin and I am doing my fourth year practicum with the Infant Development Program (IDP) at the BV Child Development Centre. I started with the BVDCD September of 2010 and will finish April 2011.

This is the last course in my Bachelor of Child and Youth Care degree from the University of Victoria. I am also the mother of 2 children, Esme (6) and Ethan (3), and am the Program Coordinator of the Good Food Box Program through Smithers Community Services Association.

SUMMER NEWSLETTER

BRAIN WAVE article on pg 2 was written by Janet Harris , we apologize for not mentioning this with her submission.

Please contact Janet Harris at 250-847-5528 or at janet@bulkleyriver.com if you would like more information about the benefits of the Brain Waves Program.

While we try to teach our children all about life,
Our children teach us what life is all about.
Angela Schwindt



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*A Little Help Makes A
'BIG' Difference.*



**We're on the web:
www.bvcdc.ca**

DID YOU KNOW

- ◆ There are 28 Child Development Centres in British Columbia
- ◆ There are 9 Child Development Centres in Northern BC and Yukon
 - ◇ Bulkley Valley
 - ◇ Kitimat
 - ◇ Terrace
 - ◇ Prince George
 - ◇ Dawson Creek
 - ◇ Ft. St. John
 - ◇ Williams Lake
 - ◇ Quesnel
 - ◇ Whitehorse

**Coming Soon:
Make & Take—Dec 3rd at CCRR**

Watch for our new and improved website: www.bvcdc.ca coming out January 2011

**NEXT NEWSLETTER
March 2011**

STAFF UPDATES

Regina Tworow (Occupational Therapist/EIP Coordinator) has been welcomed back to her job of almost 20 years after spending a year in New Zealand. It is great to hear the stories of this great adventure that the family experienced. Regina's in-service presentation on how cultures differ was very interesting and well received by Staff. We look forward to hearing and seeing more pictures of "Aotearoa" (Maori for New Zealand)

Amber Solomon (CDBC Program Assistant) is welcomed back from maternity leave and because Staff just love children to bits Amber brings Isla in for visits as often as she can.



Play is fun





































































































































































































